



Address: 11 N 6th Ave  
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## Patient Intake Form

Date \_\_\_\_\_

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

DOB \_\_\_\_\_

Sex  Male  Female

SSN \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone 1 \_\_\_\_\_  
 Home  Mobile  Work  Other

Phone 2 \_\_\_\_\_  
 Home  Mobile  Work  Other

Fax \_\_\_\_\_

Email \_\_\_\_\_

Employer \_\_\_\_\_

Employer Phone \_\_\_\_\_

Occupation \_\_\_\_\_

Job Status  
 Not Employed  Employed  
 Part-Time Student  Retired  
 Full-Time Student

Marital Status  
 Single  Married  Other

Receive Appointment Reminders  
 Declined  Voice  Text  Email

Height \_\_\_\_\_' \_\_\_\_\_"      Weight \_\_\_\_\_ lbs

**Reason For Visit:**  New Patient     Adjustment     Physical     Consultation     X-Rays     Therapy     Injury  
 Report of Findings  Auto Accident     Re-Examination     Other \_\_\_\_\_

**Referred By:**  
 Provider     Friend     Family     Other \_\_\_\_\_     Referred By: Name \_\_\_\_\_

### Emergency Contact Information

First Name \_\_\_\_\_ Relationship \_\_\_\_\_

Last Name \_\_\_\_\_ Phone 1 \_\_\_\_\_ Phone 2 \_\_\_\_\_

### Health History

**Medications/Vitamins/Supplements:**


**Allergies:**


**Surgeries:**


**Traumas:**


**Complaints:** (list your Chief Complaint first)

1.	2.	3.	4.	5.
6.	7.	8.	9.	10.

**Does the pain travel anywhere else?** \_\_\_\_\_

**Do you know what caused the problem?** \_\_\_\_\_

**Do you notice the pain during a certain time of day?** \_\_\_\_\_

**Frequency:** \_\_\_\_\_ times per  Day  Week  Month  Year

**Duration:** Lasting \_\_\_\_\_  Minutes  Hours

**Onset:** Have had symptoms over the past \_\_\_\_\_  Days  Weeks  Months  Years

**Intensity:**  Minimal  Slight  Moderate  Severe

**Is your condition:**  Same  Better  Worse

**Rate your pain:**  0  1  2  3  4  5  6  7  8  9  10

*0 being no pain at all and 10 being the worst pain imaginable*

**Quality: Describe your pain:**  aching  burning  cramping  deep  dull  numb  radiating  sharp  shooting  
 sore  stabbing  stiff  swelling  tight  tingling  throbbing

**Aggravating Factors: What makes the problem worse?** Nothing  bending  coughing  going down stairs  
 going from lying to sitting  going from lying to standing  going from sitting to standing  jogging  lifting  lying down  
 sitting  sleeping  twisting  standing for a long period of time  walking  working  taking a deep breath

**Relieving Factors: What makes the problem better?**  nothing  anti-inflammatories  chiropractic care  walking  
 exercise  heat  ice  movement  pain killers  rest  stretching

**What daily activities are affected due to the problem?**  caring for children  climbing stairs  doing laundry  exercising  
 going from sitting to standing  house work  laying down  lifting  sitting  sleeping  standing  walking  
 working  yardwork

**Have you been given a diagnosis for this problem? If so, what was the diagnosis?** \_\_\_\_\_

**What treatment(s) have you tried for your condition?**  None  Medication  Surgery  Physical Therapy  
 Chiropractic  Other \_\_\_\_\_

**Are you presently under the care of a physical and/or mental health care provider? If so, by whom?** \_\_\_\_\_

If so, what conditions? \_\_\_\_\_

Date of your last physical exam: \_\_\_\_\_ By whom? \_\_\_\_\_

**Energy Level:**  Good  Insufficient  Erratic

Low (Time of Day) \_\_\_\_\_  High (Time of Day) \_\_\_\_\_

**Sleep:**  Trouble falling asleep  Trouble staying asleep  Restful  Other \_\_\_\_\_

**Stress:**  None  Low  Moderate  Severe What causes stress? \_\_\_\_\_

**Have you had unexpected weight loss in the last 6 months?**  Yes  No If yes, how much? \_\_\_\_\_

## Daily Habits

**Do you smoke?**  Never smoked  Unknown if ever smoked  Unknown if currently smokes

Current every day smoker  Current some day smoker  Former smoker

If yes, how many packs per day? \_\_\_\_\_ How many years? \_\_\_\_\_

**Daily Caffeinated Beverages:**  Unknown  None  1 to 3  4 to 6  7 to 10  11 to 15  16 to 20  21 to 25  Over 25

**Weekly Alcoholic Drinks:**  Unknown  None  1 to 3  4 to 6  7 to 10  11 to 15  16 to 20  21 to 25  Over 25

**Do you exercise regularly?**  no  light  moderate  heavy

Sign \_\_\_\_\_ Date \_\_\_\_\_